

Let Your Healthcare Come to You

Telehealth Options for the LAWell Program



It typically takes 2 hours to see a Dr. for 20 minutes.



37 minutes
of travel



64 minutes
at the clinic



20 minutes
with the doctor



Telehealth is making communication between doctors and patients faster, more effective and more efficient than ever before. LAWell Program health plans Kaiser Permanente and Anthem provide telehealth options allowing you receive care for health conditions such as:

- ✓ Flu
- ✓ Sinus infection
- ✓ Headache
- ✓ Colds and fever
- ✓ Allergies
- ✓ Sore throat



Video Visits 24/7



Anthem offers [LiveHealth Online](#) providing online video visits with a doctor 24/7 through a smartphone, tablet, or computer with a webcam - no appointment needed. City of LA Anthem members pay the same copay for a LiveHealth Online visit as an in-person visit. Find out more and register in minutes at [livehealthonline.com](#)



Telephonic Visits

Your Anthem doctor may also offer telephonic consultations during their office hours. Contact your doctor's office to see if this service is available.



Telephonic Visits 24/7

Kaiser members can call 1-833-574-2273 to talk with a licensed care provider 24/7 for medical advice and care guidance – no appointment needed.



E-visits & Video Visits

Kaiser members can also fill out an online health questionnaire and receive a care plan within a few hours, or schedule an appointment to have an online video visit with a doctor. [Click here](#) for more convenient ways to get care, or visit [kp.org/getcare](#)

For more information on benefits, visit [KeepingLAWell.com](#)

KEEPING LAwell
City of Los Angeles Employee Benefits